

SEKISUI

PASADENA PVOH HOLIDAY SAFETY MESSAGE



Ladder Safety

Tis the season to use ladders for hanging holiday lights on eaves, trees, tall bushes, or even to hang items on top of a large Christmas tree. While falls continue to be a leading cause of injury and death, the majority of the ladder-related injuries could have been prevented. Take some time to review some ladder safety tips:

- When putting up holiday decorations, always use the proper step stool or ladder to reach high places. **Chairs, tables and other furniture are not designed for use as an elevated work surface.**
- **Use of an** extendable arm such as a handy hook will help with hard to reach places and/or even avoid using a ladder
- **Hang exterior lights with a buddy.** Whenever you plan on using a ladder or working on a dangerous, icy surface, you should ask a buddy to come help you. They'll be able to help secure your ladder and monitor your progress from the ground.
- **Straight or extension ladders.** 4:1 Method- Ladders should be placed **one foot** away from the surface it rests against for every **four feet** of ladder height.
- **Use light clips.** Don't put yourself in danger by trying to rig up some solution to make your lights stay in place. Using the right tools will make it easier, and safer, to get your lights right.
- **Plan before you hang.** Make sure all of your lights work before you go to hang them. Also, make sure you have enough lights/extension cords to complete your holiday decoration. You want to do as little running around as possible. This will minimize the risk of injury.
- **Check the cables.** Make sure all of your lights and extension cords are in good shape. There shouldn't be any exposed wiring or empty light sockets. If you notice any damage, replace them.
- **Use exterior lights only.** To avoid electrical shock and damage to your home, use lights labeled as exterior outdoor lighting. Lights labeled for indoor use can be a fire hazard if trying to use as outside lights.
- **Secure your ladder.** If you plan on using a ladder, you should go over the instructions before use and follow the standard ladder safety tips. Keep your hands free and have two feet on the ladder at all time.

Wishing each of you and your families a Safe and Happy Holiday Season!

Anzen Dai Ichi!- Safety First!